

Seattle Seahawks

2026 NFL SCHEDULE

vs home (bold) · at away
Times: Pacific Time (PT) · TBA: to be announced

SEPTEMBER

3

Wed	9	vs	Patriots	Week 1	W 13–10
Sun	20	at	Cardinals	Week 2	W 31–7
Sun	27	at	Commanders	Week 3	L 31–33

OCTOBER

4

Sun	4	vs	Chargers	Week 4	W 30–23
Sun	11	vs	49ers	Week 5	L 29–32
Thu	15	at	Broncos	Week 6	5:15 PM Prime Video
Sun	25	vs	Chiefs	Week 7	5:20 PM NBC

NOVEMBER

4

Mon	2	vs	Bears	Week 8	5:15 PM ESPN
Sun	8	vs	Cardinals	Week 9	1:25 PM FOX
Sun	15	at	Raiders	Week 10	1:05 PM CBS
Sun	29	at	49ers	Week 12	1:25 PM FOX

DECEMBER

4

Mon	7	vs	Cowboys	Week 13	5:15 PM ESPN, ABC
Sun	13	vs	Giants	Week 14	1:25 PM FOX
Sat	19	at	Eagles	Week 15	2 PM FOX
Fri	25	vs	Rams	Week 16, Christmas	5:15 PM FOX

JANUARY

2

Sun	3	at	Panthers	Week 17	10 AM FOX
Sun	10	at	Rams	Week 18	TBA

