

Nags Head Tides

OCTOBER 2026

Bold: high tide. Plain: low tide. Feet above MLLW.
Times: ET. Shaded: night. Moon: new, quarter, full.

DAY	12A	6A	NOON	6P	12A	HIGH AND LOW TIDES, TIME AND FEET				SUNRISE, SUNSET
Thu 1						4:57a 0.6	11:21a 4.6	6:03p 0.9	11:44p 3.4	6:57a 6:45p
Fri 2						5:55a 0.8	12:17p 4.4	7:06p 1.1		6:58a 6:44p
Sat 3 						12:43a 3.3	6:59a 1.0	1:21p 4.2	8:16p 1.2	6:59a 6:43p
Sun 4						1:55a 3.3	8:10a 1.1	2:38p 4.1	9:25p 1.1	6:59a 6:41p
Mon 5						3:20a 3.4	9:25a 1.1	3:52p 4.1	10:26p 0.9	7:00a 6:40p
Tue 6						4:29a 3.6	10:33a 0.9	4:53p 4.1	11:20p 0.8	7:01a 6:38p
Wed 7						5:27a 3.9	11:38a 0.8	5:47p 4.1		7:02a 6:37p
Thu 8						12:10a 0.6	6:19a 4.2	12:37p 0.6	6:37p 4.1	7:03a 6:35p
Fri 9						12:54a 0.4	7:06a 4.4	1:28p 0.5	7:21p 4.0	7:04a 6:34p
Sat 10 						1:33a 0.3	7:47a 4.6	2:11p 0.5	8:01p 3.9	7:04a 6:33p
Sun 11						2:09a 0.4	8:25a 4.6	2:50p 0.6	8:39p 3.7	7:05a 6:31p
Mon 12						2:43a 0.5	9:03a 4.5	3:29p 0.8	9:17p 3.6	7:06a 6:30p
Tue 13						3:17a 0.8	9:41a 4.4	4:09p 1.0	9:56p 3.4	7:07a 6:29p
Wed 14						3:55a 1.0	10:20a 4.2	4:52p 1.2	10:38p 3.2	7:08a 6:27p
Thu 15						4:36a 1.3	11:02a 4.0	5:38p 1.4	11:21p 3.1	7:09a 6:26p
Fri 16						5:22a 1.6	11:45a 3.8	6:26p 1.6		7:10a 6:25p
Sat 17						12:06a 3.0	6:12a 1.7	12:30p 3.7	7:18p 1.7	7:10a 6:23p
Sun 18 						12:56a 2.9	7:05a 1.9	1:23p 3.6	8:14p 1.7	7:11a 6:22p
Mon 19						1:59a 2.9	8:06a 1.9	2:25p 3.5	9:08p 1.6	7:12a 6:21p
Tue 20						3:11a 3.0	9:09a 1.8	3:26p 3.5	9:54p 1.4	7:13a 6:20p
Wed 21						4:06a 3.2	10:06a 1.6	4:17p 3.6	10:37p 1.1	7:14a 6:18p
Thu 22						4:52a 3.6	10:59a 1.3	5:04p 3.7	11:19p 0.8	7:15a 6:17p
Fri 23						5:35a 3.9	11:52a 1.0	5:50p 3.7		7:16a 6:16p
Sat 24						12:02a 0.5	6:19a 4.3	12:44p 0.6	6:36p 3.8	7:17a 6:15p
Sun 25						12:45a 0.3	7:03a 4.6	1:31p 0.4	7:21p 3.8	7:18a 6:14p
Mon 26 						1:28a 0.1	7:46a 4.8	2:17p 0.2	8:06p 3.8	7:19a 6:13p
Tue 27						2:11a 0.0	8:31a 4.9	3:04p 0.1	8:53p 3.7	7:20a 6:11p
Wed 28						2:56a 0.0	9:20a 4.9	3:55p 0.3	9:44p 3.6	7:21a 6:10p
Thu 29						3:46a 0.2	10:12a 4.8	4:52p 0.4	10:39p 3.5	7:21a 6:09p
Fri 30						4:43a 0.4	11:09a 4.6	5:53p 0.6	11:37p 3.4	7:22a 6:08p
Sat 31						5:46a 0.6	12:07p 4.3	6:56p 0.7		7:23a 6:07p

