

Virginia Beach Tides

OCTOBER 2026

Bold: high tide. Plain: low tide. Feet above MLLW.
Times: ET. Shaded: night. Moon: new, quarter, full.

DAY	12A	6A	NOON	6P	12A	HIGH AND LOW TIDES, TIME AND FEET				SUNRISE, SUNSET
Thu 1						5:12a 0.4	11:41a 4.7	6:18p 0.7		6:59a 6:47p
Fri 2						12:04a 3.5	6:10a 0.6	12:37p 4.6	7:21p 0.8	7:00a 6:45p
Sat 3						1:03a 3.4	7:14a 0.7	1:41p 4.4	8:31p 0.9	7:00a 6:44p
Sun 4						2:15a 3.4	8:25a 0.8	2:58p 4.2	9:40p 0.8	7:01a 6:42p
Mon 5						3:40a 3.5	9:40a 0.8	4:12p 4.2	10:41p 0.7	7:02a 6:41p
Tue 6						4:49a 3.7	10:48a 0.7	5:13p 4.2	11:35p 0.6	7:03a 6:39p
Wed 7						5:47a 4.0	11:53a 0.6	6:07p 4.2		7:04a 6:38p
Thu 8						12:25a 0.4	6:39a 4.3	12:52p 0.5	6:57p 4.2	7:05a 6:36p
Fri 9						1:09a 0.3	7:26a 4.6	1:43p 0.4	7:41p 4.1	7:06a 6:35p
Sat 10						1:48a 0.3	8:07a 4.7	2:26p 0.4	8:21p 4.0	7:07a 6:34p
Sun 11						2:24a 0.3	8:45a 4.7	3:05p 0.4	8:59p 3.8	7:07a 6:32p
Mon 12						2:58a 0.4	9:23a 4.6	3:44p 0.6	9:37p 3.7	7:08a 6:31p
Tue 13						3:32a 0.6	10:01a 4.5	4:24p 0.7	10:16p 3.5	7:09a 6:29p
Wed 14						4:10a 0.8	10:40a 4.3	5:07p 0.9	10:58p 3.3	7:10a 6:28p
Thu 15						4:51a 1.0	11:22a 4.1	5:53p 1.1	11:41p 3.2	7:11a 6:27p
Fri 16						5:37a 1.2	12:05p 3.9	6:41p 1.2		7:12a 6:25p
Sat 17						12:26a 3.1	6:27a 1.3	12:50p 3.8	7:33p 1.3	7:13a 6:24p
Sun 18						1:16a 3.0	7:20a 1.4	1:43p 3.7	8:29p 1.3	7:14a 6:23p
Mon 19						2:19a 3.0	8:21a 1.4	2:45p 3.6	9:23p 1.2	7:15a 6:21p
Tue 20						3:31a 3.1	9:24a 1.3	3:46p 3.6	10:09p 1.0	7:16a 6:20p
Wed 21						4:26a 3.3	10:21a 1.2	4:37p 3.7	10:52p 0.8	7:17a 6:19p
Thu 22						5:12a 3.7	11:14a 1.0	5:24p 3.8	11:34p 0.6	7:18a 6:18p
Fri 23						5:55a 4.0	12:07p 0.7	6:10p 3.8		7:18a 6:18p
Sat 24						12:17a 0.4	6:39a 4.4	12:59p 0.5	6:56p 3.9	7:19a 6:15p
Sun 25						1:00a 0.2	7:23a 4.7	1:46p 0.3	7:41p 3.9	7:20a 6:14p
Mon 26						1:43a 0.1	8:06a 4.9	2:32p 0.1	8:26p 3.9	7:21a 6:13p
Tue 27						2:26a 0.0	8:51a 5.1	3:19p 0.1	9:13p 3.8	7:22a 6:12p
Wed 28						3:11a 0.0	9:40a 5.0	4:10p 0.2	10:04p 3.7	7:23a 6:10p
Thu 29						4:01a 0.1	10:32a 4.9	5:07p 0.3	10:59p 3.6	7:24a 6:09p
Fri 30						4:58a 0.3	11:29a 4.7	6:08p 0.5	11:57p 3.5	7:25a 6:08p
Sat 31						6:01a 0.5	12:27p 4.5	7:11p 0.6		7:26a 6:07p

